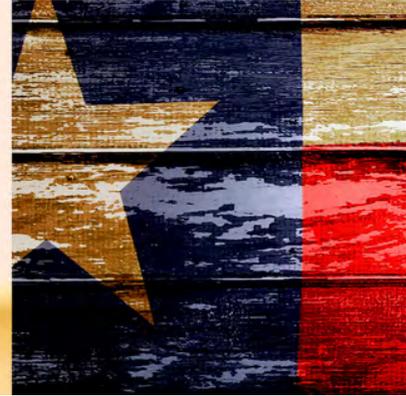


March 30 2019 • 2-6 p.m. • Dallas City Hall Plaza

f @ Instagram t  
@EndoMarchDallas



Welcome Dallas EndoMarchers! We are so happy you are joining us for Texas' first EndoMarch! We are in full swing preparing for the event, and there's a lot of information to cover! So let's get started: The event takes place on March 30 from 2-6 p.m. at Dallas City Hall Plaza. If you wish to sponsor or donate, we sure could use the funds to cover costs! You can choose a level, or write in your own custom amount. Every little bit helps, and any proceeds will go to Endo InVisible (a 501c3, meaning your gift is tax deductible!) You can do that here

There is public parking in the immediate vicinity. These lots are Young (1705 Young St) Ervay (408 S. Ervay) Sherma P. McGillicuddy (1721 Young St). We encourage you to ride share where possible, or to take an Uber to be dropped off at Marilla. Alternatively, you can take public transport. Visit [dart.org](http://dart.org).



Dallas City Hall, 1500 Marilla St., Dallas 75201

**CHECK IN 2:00 P.M.**  
**RALLY & MARCH 3:00 P.M.**

Event Website: <https://endoinvisible.org/events/dallas-endomarch/>  
Social Media: @endomarchdallas

# EndoMarch Dallas Schedule

Come at **2 p.m.** and be sure to check in! Having an accurate count of how many friENDOs have shown up helps us plan for the following year. We will have t-shirts available for purchase (minimum to receive a t-shirt is \$15) via credit card or check only. If you'd like to be assured a shirt and get that donation in early, head over here: <https://secure.givelively.org/event/endo-invisible/worldwide-endomarch-dallas-2019>

Have a stroll, meet other individuals with endometriosis, and check out the orgs who will be onsite to answer questions about the resources they offer. We will be meeting and marching, RAIN OR SHINE! So bring an umbrella if the weather is looking dodgy (bonus points for yellow ones!) The good thing is that the funky design of I.M. Pei's City Hall means that there are spots near the building that are sheltered from the rain, and you can still watch the guests on stage.

## **3 p.m. Guest Speakers and March!**

Our special guest from the East coast, advocate and physical therapist **Dr. Sallie Sarrel**, organizer of The Endometriosis Summit, will get us fired up to march! We are also honored to have Texas endometriosis experts **Dr. Devin Garza and Dr. John Dulemba** (co-host of the March) as well as fertility specialist **Dr. Lowell Ku**, sharing their perspective on endometriosis and seeking out care. Sharing their stories will be patients and advocates **Denetra Bell and Maria Mamora** from the Endometriosis Foundation of Houston, and **Melissa Tison** from Endo InVisible. We are also excited to have two incredible patients stepping up to bravely share their experiences and journey with this disease: **Kelli Mikkelson** (Texas) and **Jessica Williams** (Louisiana). We are grateful for everyone stepping forward to share what is often such a private struggle in such a public sphere. Sufficiently energized, we will march the perimeter of Dallas City Hall. There will be no street closures and no streets to cross, and the route is accessible. The actual route should take about 15 minutes to complete, so those of us who are unable to walk for long periods of time, have no fear!

We will have the space until **6 p.m.**, so we can continue conversations with new friends and the specialists who have dedicated their day to coming out. Food Truck Chef Cassy will be parked and ready to serve, so no one will go hungry! Come decked out in yellow, bring signs and placards to speak your truth, and Dallas will definitely get the message that we are here, we aren't rare, and we aren't going anywhere until we see changes and receive the care we deserve. More than anything, we hope this day provides a space where you can connect with others. Help a out newly diagnosed friENDO, or seek out sage advice from the veterans. We cannot wait to build a stronger community in Texas! And as always, family is welcome to march with us--this means kids, too!

**Gotta Go?:** We will have portable toilets on hand (that's a must for those of us with endo and interstitial cystitis, right?!).

There are benches scattered throughout the area, so you can take rests as necessary. Dallas City Hall will also allow us to bring camping chairs, so be sure to bring one if you need to rest frequently!

**IF THERE ARE SPECIFIC AGENCIES OR RESOURCES YOU'D LIKE TO SEE PRESENT, PLEASE LET US KNOW!** We can reach out to them, or better yet, you can reach out to them. Just drop us a line and we can provide the template inviting them to participate. Are you a small business owner or do you make products the endometriosis community might be interested in? Shoot us an email at [info@endoinvisible.org](mailto:info@endoinvisible.org) and let's set you up with a table!

BE A SOCIAL ENDOWARRIOR

# JOIN US ON SOCIAL MEDIA & SHARE PICS BEFORE, DURING & AFTER THE MARCH

TAGS @ENDOMARCHDALLAS @ENDOINVISIBLE @WWENDOMARCH

HASHTAGS #ENDOMARCHDALLAS #WORLDWIDEENDOMARCH  
#PAINTTHETOWNYELLOW

WE ARE HOPING FOR SOME WHATABURGER  
PITSTOP PHOTOS TO GO VIRAL!  
#FUELF0RENDOWARRIORS

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